

Winter Menu 2017

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Chicken curry served with rice and green beans	Breaded fish fingers, mashed potatoes and sweetcorn	Cheese quiche with layered potato bake and baked beans	Roast pork, gravy, Yorkshire pudding, roast potatoes and seasonal vegetables	Ham pizza, chips and baked beans
GREEN Meat Free	Vegetable and lentil curry served with rice and green beans	Vegetable fingers, mashed potatoes and sweetcorn	Cheese quiche with layered potato bake and baked beans	Lentil bake, Yorkshire pudding, roast potatoes and seasonal vegetables	Cheese and tomato pizza, chips and baked beans
DESSERT	Rice pudding with jam	Angel Delight	Homemade berry muffin	Vegetarian jelly and fruit	Iced buns

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.

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<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Beef Lasagne, Broccoli and salad	Fish pie, mashed potato with peas and carrots	Homemade chicken, bacon and leek pie served with new potatoes and vegetables	Roast pork, gravy, Yorkshire pudding, stuffing, roast potatoes and seasonal vegetables	Pork sausage hot-dog, potato wedges and spaghetti hoops
GREEN Meat Free	Vegetable Lasagne, Broccoli and salad	Courgette, tomato and mozzarella bake	Homemade courgette, leek and cheese pie served with new potatoes and vegetables	Roast Quorn, roast potatoes and seasonal vegetables	Vegetarian hot dog, potato wedges and spaghetti hoops
DESSERT	Mixed spice apple and raisin flapjack	Vegetarian jelly and fruit	Apple, cheese and crackers	Chocolate cake and custard	Apple crumble and custard

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.

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<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Sausage, bacon, bean and potato hotpot, served with salad	Minced beef cottage pie, served with peas and carrots	Sweet and sour turkey served with rice, roasted vegetables and salad	Roast chicken, gravy, Yorkshire pudding, roast potatoes and seasonal vegetables	Fish and chips, coleslaw and salad
GREEN Meat Free	Vegetarian sausage, bean and potato hotpot, served with salad	Vegetable cottage pie, served with peas and carrots	Roasted vegetable and tomato pasta with salad	Vegetarian Glamorgan sausage, roast potatoes and seasonal vegetables	Vegetable fingers and chips, coleslaw and salad
DESSERT	Homemade brownie	Fresh fruit	Homemade Cinnamon rolls	Homemade chocolate and cherry cracknell	Homemade cookies

Salad bar available each day.

Fresh milk and fresh bread is available each day.

Raisins, yoghurt and a fruit basket are available daily as an alternative dessert.